



St. Mark Lutheran Church
Week of March 22nd
God Is Our Creator
Psalm 139:1-18

Note: If your child(ren) or your family needs a lesson focused on the current global situation, follow this link: <https://youtu.be/ftVyAlfkDso>. It is a 20-minute video lesson focused on "Jesus' Power Calms our Fears" with the Bible story where Jesus calms the

If your child(ren) or family wants to follow our current curriculum, here are age-specific lessons.

Here's what happens...

David writes a psalm, or song, about how God created us and knows us. David says God made us wonderfully complex! He sees everything we do, he knows our thoughts, and he's with us wherever we go. He wove each of us together with a special purpose.

Bible Point:

God is our creator, so we live out our purpose.

Music

[Pray About Everything \(Philippians 4:6-7\)](#)

Link with music and video: <https://vimeo.com/showcase/5325213/video/282558447>

[God Is Always with Us](#)

Link with music and video: <https://vimeo.com/showcase/5325213/video/282558150>

Prayer

Lord's Prayer (we start Sunday School with this each week. Many of our kids know it by heart!)

Lesson (preschool-2nd graders)

"Today we'll find out that God is our creator. He made us, and the Bible says he made us wonderfully and with purpose!"

Read Psalm 139: 1

- Action/Activity: Have kids put their hands on their hearts.
- Teaching Point: God knows what's in your heart. He knows if you're happy, sad, excited, or scared. That's because, **God is our creator!**

Read Psalm 139: 2-3

- Action/Activity: Have kids think about their favorite color...NO TELLING! Have others try to guess the color they are thinking about. See if they know!
- Teaching Point: Sometimes we can guess what others are thinking, and other times we have no idea! But God always knows what you're thinking. He knew what color you were thinking about before you told anyone. That's because, **God is our creator!**

Read Psalm 139: 7-10

- Action/Activity: Stand up! Take two giant steps forward – God is here! Take two giant steps backwards – God is here! Take a giant step to the left – God is here! Take a giant step to the right – God is here too!
- Teaching Point: God's always with you! He goes wherever you go!

Read Psalm 139: 13-14

- Action/Activity: Stand up! God made your head (touch your head), God made your shoulders (touch your shoulders), God made your knees (touch your knees), and God made your toes (touch your toes). Play a game of Head, Shoulders, Knees, and Toes!
- Teaching Point: God made you exactly as He wanted you! **God is our creator!** He made you with a purpose, and he knew how special you'd be!

God Made you with Purpose!

- Show this teaching video (<https://vimeo.com/showcase/5325213/video/282559357>)

Closing Prayer:

"God, thank you that you are our creator. Thank you that you made each of us wonderfully complex, with special talents and traits that give us each an important purpose! Help us to live out our purposes! In Jesus' name we pray, Amen!"

Lesson (3rd graders – 6th graders)

"Today we'll find out that God is our creator. He made us, and the Bible says he made us wonderfully and with purpose!"

Read Psalm 139: 1-10

- Action/Activity: Have each person draw a picture of an animal, but keep it hidden from everyone else. After the pictures are done, have others try to guess what type of animal it is, what color it is, what it's doing in the picture, etc.
- Discussion: How did you do? Did we know the animals? Did we know all the details?
- Teaching Point: Sometimes we have to guess what others are doing or thinking. But God always knows what you're thinking and what you're doing. He knew what animal you drew before you told anyone. That's because, **God is our creator!**

Read Psalm 139: 7-10

- Action/Activity: Stand up! Take two giant steps forward – God is here! Take two giant steps backwards – God is here! Take a giant step to the left – God is here! Take a giant step to the right – God is here too!
- Teaching Point: God's always with you! He goes wherever you go!

Read Psalm 139: 13-14

- Action/Activity: Stand up! God made your head (touch your head), God made your shoulders (touch your shoulders), God made your knees (touch your knees), and God made your toes (touch your toes). Play a game of Head, Shoulders, Knees, and Toes!
- Teaching Point: God made you exactly as He wanted you! **God is our creator!** He made you with a purpose, and he knew how special you'd be!
- Discussion: What makes you special? How did God make you unique?

God Made you with Purpose!

- Show this teaching video (<https://vimeo.com/showcase/5325213/video/282559357>)

Closing Prayer:

“God, thank you that you are our creator. Thank you that you made each of us to wonderfully complex, with special talents and traits that give us each an important purpose! Help us to live out our purposes! In Jesus’ name we pray, Amen!

Lesson (7th graders – 12 graders)

“Today we’ll review that God is our creator. He made us, and the Bible says he made us wonderfully and with purpose!”

Opening Discussion:

- How did God make you unique?
- For what purpose(s) do you think your unique talents/traits have?

Bible Reading: Psalm 139: 1-18

Follow-up Discussion:

- If you had to pick one verse from the Psalm to summarize its message, which would it be?
- Can you describe a time or a situation when this Psalm's message would be important?

Activity: Jesus is Coming to Town

- As Easter approaches, let's think back to Christmas! Sing or look up the versus to, “Santa Claus is Coming to Town.”
- Read Psalm 139: 1-5
- Discussion: What's the difference between how God sees us, according to these versus, and the words we sang about Santa?
- Read Psalm 95: 6-7
- Discussion: What's the difference between watching over someone and watching to see if they are good or bad?
- God watches OVER us. Read Psalm 121: 1-8
- Do: Rewrite the lyrics to “Santa Claus is Coming to Town” to describe the way God watches over us. Feel free to share with each other if you'd like!

Closing:

God watches over us, caring for us, because God is our creator. He's here to protect us and help us live out our purpose. God sees us all the time because he has a relationship with us...not because he's making a list and checking it twice.

Closing Prayer

Feel free to add to this...

“God, thank you that you are our creator. Thank you that you made each of us to wonderfully complex, with special talents and traits that give us each an important purpose! Help us to live out our purposes! In Jesus’ name we pray, Amen!

Family Game(s)

This is a different take on “Spoons,” “Musical Chairs,” or “Red Rover.” Choose the one that applies to the space you have to play. The “Spoons” version can be played over FaceTime or video apps if you’d like to include friends/families beyond your household.

Set-up: Spoons-version (1/person), Chairs-version (1/person), Red Rover-version (large space)

Goal: To learn what we have in common with each other and/or what makes us unique!

Directions:

- The person who is “it,” says something that describes him/her. For example, I like dogs.”
- If the statement describes you (follow what fits your version):
 - Grab a spoon,
 - Move to another chair, or
 - Run to the other side.
- Talk!
 - Are you similar to many people?
 - Are you unique?
 - Were there any surprises?
- Have fun! Laugh!
- **God loves you, all!**